

We represent, support, develop and promote NHS Community Pharmacy in Surrey & Sussex in the interests of contractors and service users.



Season's Greetings



A message from our new CPSS team member, Service Development Senior Officer, Hinal Patel.

I qualified in 2008 from London School of Pharmacy, University of London. I did my pre-reg with Boots and joined them after qualifying. Throughout my career of being qualified I have worked at different levels with the company from being relief pharmacist, pharmacist In charge, pharmacy manager to being a pharmacist store manager. I have also worked and handled a large care home business.



My last position was managing an out-patient's department in hospital for Boots and I absolutely enjoy the mixture of community and hospital experience the job brings. I have thoroughly enjoyed being a community pharmacist, care home manager and new setting of hospital pharmacy and will always be open to innovation to the pharmacy world.

I envision pharmacy to have a bright and enhanced future with all the various services we deliver and potential other services we can in the future.

Christmas and New Year opening times 2017/18

Opening times for Christmas and New Year 2017/18 have now been published on the NHS England South East webpage [here](#)

The posters with information about which pharmacies are open across the East Sussex, West Sussex and Surrey areas can be found [here](#)

You are required to prominently display the opening notice/poster for your area, sent to you from NHS England, where the public can clearly view it at all times. If you have shutters or are situated inside another building it must be displayed where the public can see it even when you are closed.

IMPORTANT: GPs and other prescribers may now prescribe antiviral medicines for the prophylaxis and treatment of flu at NHS expense

Community pharmacy contractors who receive FP10 NHS prescriptions – written generically or by brand – for oseltamivir (Tamiflu) or zanamivir (Relenza), the antivirals included in the SLS list, are therefore reminded that prescriptions for these products must be endorsed 'SLS'. **If the 'SLS' endorsement is missing, the prescription should not be dispensed and will not be passed for payment by NHS Prescription Services. Pharmacy staff cannot make the 'SLS' endorsement themselves.**

The [Department of Health letter: Influenza season 2017/18: Use of Antiviral Medicines](#) advises pharmacy teams to order stock only as needed and PSNC would urge contractors not to over order stocks of antiviral medicines.

Over ordering could result in shortages in the supply chain. It is, however, important that oseltamivir for adults and children (aged 1 year or over) and zanamivir for adults are taken within 48 hours of onset of symptoms. Children 5 years and over should start taking zanamivir within 36 hours of onset of symptoms, to obtain maximum benefit.

More information [here](#)

FREE Community Pharmacy Advanced Assessment Skills Training for Community Pharmacists – very limited places- register by 7th January.

This is an excellent FREE opportunity to enhance your role as a Community Pharmacist.



HEE London and South East have developed a free programme for 120 community pharmacists who work in North, Central or East London, as well as Kent, Surrey or Sussex. The programme is to further develop the capability of community pharmacists to support urgent and emergency care pathways both out of hours and in day to day practice.

Advanced Assessment Skills—3 Day Programme

Day 1: Minor illness triage and sepsis essentials
Day 2: Respiratory and ENT assessment
Day 3: Acute dermatological complaints and acute asthma presentations

The course runs for three days and the trainer has provided a mixture of days across multiple locations, including weekends, to allow as much flexibility to attend as possible. Applicants can apply to any location, and will attend all three days at that location.

The promotional flyer for the training can be found [here](#) with full information and enrolment link.

Pregabalin and Gabapentin consultation proposals – What you need to know!

Pregabalin and gabapentin: proposal to schedule under the Misuse of Drugs Regulations 2001.



This consultation is open until **22nd January 2018**. Please see options listed below – **you may wish to respond given the potential impact on storage capacity and stock management. Please click [here](#) to access the consultation.**

There are three options:

- 1) Control pregabalin and gabapentin as Class C Drugs under the 1971 Act and place both in Schedule 3 to the 2001 Regulations, **applying the provisions of the Misuse of Drugs (Safe Custody) Regulations 1973 (the 1973 Regulations).**
- 2) Control pregabalin and gabapentin as Class C Drugs under the 1971 Act and place both in Schedule 3 to the 2001 Regulations (but exclude the application of safe custody requirements),
- 3) Control pregabalin and gabapentin as Class C Drugs under the 1971 Act and place both in Part 1 of Schedule 4 to the 2001 Regulations.

For further information please click [here](#) to visit our Latest News webpage.

CPPE Training Event—COPD & Asthma Medication Reviews Event.

18th January 2018, 09.30-16.30 The Charis Centre, West Green Drive, Crawley West Sussex, RH11 7EL

This study day supports you to conduct medication reviews with patients who have asthma and COPD and take action to reduce disease burden, improve quality of life and reduce risk of hospital admission.

To book onto this event visit the CPPE website [here](#) and use booking Ref: 46615

CPPE Training Event—Sexual Health.

6th February 2018, 10.00-16.30 The Boship Lions Farm Hotel, Lower Dicker, Nr Hailsham, BN27 4AT

The aim of this resource is to help develop your confidence, knowledge, skills and attitudes to offer an emergency contraception service and a chlamydia testing and treatment service, and to be able to deal professionally with a safeguarding issue should one arise in the course of your practice. The FSRH have launched new guidance on emergency contraception this can be found [here](#). We are in the process of updating this programme to incorporate this guidance.

To book onto this event visit the CPPE website [here](#) and use booking Ref: 46512

CPPE Training Event—Clinical Medication Review.

8th February 2018, 09.45-16.00 The Charis Centre, West Green Drive, Crawley West Sussex, RH11 7EL

This event will equip you with the knowledge, skills and confidence that you need to engage effectively in clinical medication review of your patients and their medicines.

To book onto this event visit the CPPE website [here](#) and use booking Ref: 46629

Pharmacy Apprenticeships Opportunity:

Upskilling your pharmacy workforce.

Did you know that pharmacy employers across all sectors of pharmacy are able to utilise the **Government Apprenticeship Levy or Co-investment** to support training costs for pharmacy assistants. **These payment systems replace a number of complex funding rules which have previously been a barrier to apprenticeship training in community pharmacy i.e. age-related funding eligibility**

For further guidance about using apprenticeships in community pharmacy, you can contact Laura McEwen-Smith at

laura.mcewen-smith@hee.nhs.uk

Want to know more? Use the hyperlinks in the flyer attached [here](#) for up-to-date government information.

Universal Credit! What you need to know!

Universal Credit is being introduced in stages across the UK. Meaning more pharmacies are encountering patients eligible for free NHS Prescriptions who are getting Universal Credit. Universal Credit does not automatically entitle patients to help with their health costs as there are Eligibility Criteria. An individual qualifies for free NHS prescriptions if, on the date they claim help with health costs:

- * They receive Universal Credit and either had no earnings or had net earnings of £435 pounds or less in their last Universal Credit assessment period **OR**:
- * They receive Universal Credit which includes an element for a child, or they (or their partner) had limited capability for work and work-related activity, and they either had no earnings or net earnings of £935 pounds or less in their last Universal Credit assessment period.

Note: If someone is part of a couple then the net earning threshold applies to their combined net earnings.

For full details of what you need to know about Universal Credit click on the link [here](#).

Brighton Kemptown and Peacehaven MP, Lloyd Russell-Moyle, recently visited Westons Pharmacy in Brighton.

Lloyd spent over an hour meeting the pharmacy team at the pharmacy. He was really interested in the different services provided and the how community pharmacies are a valuable community asset.

Lloyd said, *"At a time of growing pressure on our NHS with chronic under-funding, community pharmacies are more important than ever, and with investment, can really relieve some of that pressure on our health service. They offer cost efficiencies, a reduction in NHS treatment costs and GP appointments, and are a cornerstone of many local communities".*



FREE LEADERSHIP PROGRAMME – BOOK by January 4th 2018, start date February 8th 2018.



Are you a pharmacist or pharmacy technician working in community pharmacy? Do you want to develop your leadership skills and potential?

We have an exciting FREE opportunity for you to take part in a distance-learning leadership programme run by the NHS Leadership Academy and CPPE.

This is the Mary Seacole programme and is mainly an online e-course over six months with three workshops. It is expected that there will be about 2-4 hours of work per week.

This is a great opportunity for community pharmacists and pharmacy technicians to access a fantastic leadership programme.

There are only 40 places available for this **London cohort** so why not find out more here and consider booking a place today

<https://www.cppe.ac.uk/services/leadership-community#navTop>

News for pharmacies in the Brighton and Hove CCG and Brighton and Hove City Council area.

A reminder regarding Payments and Claims for Substance Misuse Services and Needle Exchange

ALL invoices and payments for Substance Misuse Services and Needle Exchange are managed on a monthly basis using the reporting database: NEO. To get paid you must input all the information **before the 8th of each month** for the previous month's supervised consumption and needle exchange transactions.

If you miss the monthly deadline you will not get paid.

For any queries around this please contact Pavilions 01273 731900

Preparation of Nutramigen 1 and 2 with LGG - a message from Emily Rose, Lead Primary Care Dietitian, B & H CCG.

Nutramigen 1 and 2 with LGG[®] replaced Nutramigen LIPIL 1 and 2 in the UK in September 2015. Nutramigen with LGG[®] is a combination of Nutramigen LIPIL with a probiotic branded LGG[®]. The probiotic can be damaged or destroyed at high temperatures. The preparation instructions are on the tin. In brief: boiled fresh water should be allowed to cool to room temperature (in a clean bottle with the cap on) **before** adding formula.

For any queries email to: emily.rose3@nhs.net

CPSS Communication Bulletins!

You will be aware we now communicate news to you through our email Bulletin System. If you have missed any of this months bulletins they can be found [here](#).

Contact Us East Sussex LPC

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Check out your new website and follow us on Twitter!!

www.communitypharmacys.co.uk



Designed to give you the information you need every day in your pharmacy fast and in one place. For extra quick navigation use the 'Search' Box in the top right corner.

Easy drop down menus to hot topics like the Quality Payments Scheme; Help to get your pharmacy shared NHS Mail Account up and running; Pharmacy Services Specifications and local contacts for queries.

Plus you can now follow Community Pharmacy Surrey & Sussex on Twitter [@CPSS LPCs](https://twitter.com/CPSS_LPCs)

We need your correct contact details!!

At Community Pharmacy Surrey & Sussex (CPSS) we frequently send out vital information in relation to training, news, events and much more. It is therefore **VITAL** that we have your correct contact details!!!. If any of your contact details have changed please email us at: LPC@communitypharmacys.co.uk.

Please also let us know if your pharmacists, locums and pre-reg's would like to sign up to our monthly Newsletter and to be placed on our mailing list. Simply email us at the above address with your request including your name, role and which pharmacy/area you work in.